WHAT TO DO IF SOMEONE IS SICK IN YOUR HOUSEHOLD

Life has to continue even where COVID-19 is spreading.
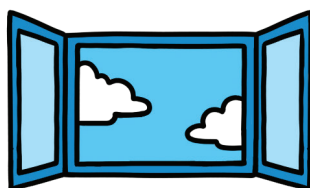
Here's how to stay safe.

1 ISOLATE THE SICK PERSON

Prepare a separate room or isolated space, and keep distance from others.

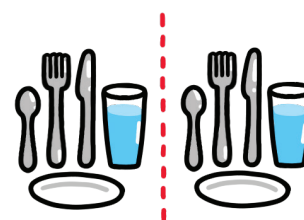Keep the room well ventilated and open windows frequently.

2 REDUCE CONTACT WITH THE VIRUS

Identify one household member to be the contact person who is not at high risk and has the fewest contacts with people outside.

Wear a medical mask if in the same room as the sick person.

Use separate dishes, cups, eating utensils and bedding from the sick person.

Clean and disinfect frequently touched surfaces.

3 TAKE CARE OF THE SICK PERSON

Monitor the sick person's symptoms regularly.

Pay special attention if the person is at high risk for serious illness.

Ensure the sick person rests and stays hydrated.

Call your healthcare provider immediately if you see any of these **danger signs:**

- Difficulty breathing
- Loss of speech or mobility
- Confusion
- Chest pain

! DANGER SIGNS
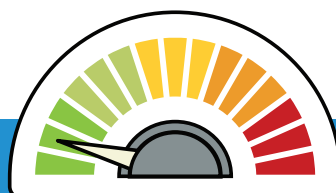
REMEMBER, IT'S ALWAYS SAFER TO

KNOW YOUR RISK. LOWER YOUR RISK.

 World Health Organization