

MEDICAL DEVELOPMENT CENTER

Al Salam Bulletin- Volume # 36

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Al Salam Al Assima Hospital
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AL SALAM BULLETIN

OVERVIEW ABOUT SALAM BULLETIN

Al Salam bulletin is your one stop comprehensive newsletter, for all the latest healthcare content. Stay updated with latest healthcare related news, public health advice, narrative experiences, trainings, and links to valid sources for further reading / fact-checking. Medical Development Center highlights Bulletin sources for you to keep abreast of the latest developments and trends in the Healthcare industry.

Health Awareness Days



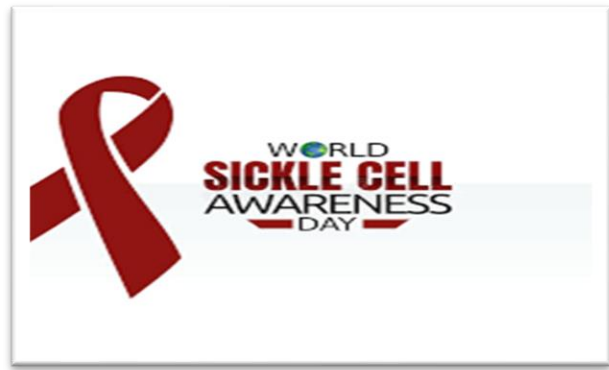
World Blood Donor Day – June 14, 2023

On 14 June 2023, World Blood Donor Day will again be celebrated throughout the world. Officially designated as an annual event by the World Health Assembly in 2005, the Day provides a special opportunity to celebrate and thank voluntary blood donors around the world for their gift of blood and has become a major focus for action towards achieving universal access to safe blood transfusion.

Every single donation is a precious lifesaving gift and repeat donation is the key to building a safe and sustainable blood supply.

In many countries, blood services face the challenge of making sufficient blood available, while also ensuring its quality and safety.

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World Sickle Cell Day – June 19, 2023

GASCDO is extremely excited to launch the 2023 World Sickle Cell Day Themes. Our themes this year are:

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National HIV Testing Day – June 29, 2023

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Ovarian Cancer Survival Rate



Debulking surgery is generally the next step after neoadjuvant chemotherapy for patients with advanced epithelial ovarian cancer, but there has been controversy as to whether women should undergo a minimally invasive laparoscopic/robotic procedure or open surgery.

A large review that used propensity score matching to account for confounders has weighed in on the issue. The researchers found that patients who underwent minimally....

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Are Cataracts Hereditary?



Some cases of cataracts, known as congenital cataracts, are inherited and may develop in babies or young children. However, most cataract cases relate to the natural process of aging and occur in older adults.

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Men's Mental Health



Surveys from around the world find that males everywhere are reluctant to talk about their mental health and are more likely to die by suicide than females. Here's why this may be happening — and how some healthcare professionals and researchers are trying to address it.

Across the globe, among many races, ethnicities, and income brackets, males often getting help for their psychological issues.

According to the World Health Organization (WHO) Trusted Source, males die by suicide at twice the rate of females. And high-income countries have the highest suicide rates among males.

In the United States, males make up nearly 80% of all deaths by suicide, report the Centers for Disease Control and Prevention (CDC) Trusted Source. Males die by suicide four times more often than females do.

Mental health professionals diagnose depression more often in women than in men, according to the nonprofit Mental Health America (MHA). At the same time, the organization adds, more than 6 million American men experience symptoms of depression annually — and most go undiagnosed.

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What You Need to Know

HIV Vaccine Research Update



The ongoing search for an HIV vaccine was among the topics discussed during the 2023 Conference on Retroviruses and Opportunistic Infections (CROI). HIV.gov spoke with Dr. Carl Dieffenbach, Director of the Division of AIDS at NIH's National Institute of Allergy, and Infectious Disease, about some key takeaways from those presentations.

The most recent large-scale HIV vaccine trial was the Mosaico trial. During a CROI special session on HIV vaccine research, Dr. Susan Buchbinder, the co-chair of the Mosaico Study, provided a review of the study, which began in 2019. It involved an investigational HIV vaccine regimen tested among 3,900 men who have sex with men and transgender people in Europe, North America, and South America. The regimen was found to be safe, but it did not provide protection against HIV acquisition. So, the trial was halted last month. Dr. Dieffenbach explained that this was the last of a certain type of vaccine trial.

Dr. Dieffenbach added that there are, however, other vaccine concepts now being studied. During the CROI special session on vaccine research, Dr. Larry Corey, co-principal investigator of the NIH-supported HIV Vaccines Trials Network (HVTN), reviewed the history of HIV vaccine research, discussed why it has been so hard to come up with an effective HIV vaccine and discussed future directions for vaccine research. Encouraged anyone interested in learning about current clinical trials

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WHO Message to Public on World Blood Donor Day 2023

- The need for blood is universal, but access to blood is not. Blood shortages are acute in low- and middle-income countries.
- Regular blood donations are needed all over the world to ensure individuals and communities have access to safe and quality-assured blood and blood products.
- Every single blood or plasma donation is a precious life saving gift; regular donation is the key to building a safe and sustainable supply.
- Wide participation of the population in regular blood and plasma donations ensure that everyone can access blood and plasma proteins when they need it.
- All blood and plasma donors together provide a precious safeguard for patients and communities.
- Ensuring the safety and well-being of blood and plasma donors is critical; it helps build commitment to regular donations.
- Special thanks to blood and plasma donors on behalf of people who requires life-long transfusion or plasma protein therapies. We live because you give. Thank you!
- **“Give blood, give plasma, share life, share often”.**

How To Fight Climate Change



The evidence that humans are causing climate change, with drastic consequences for life on the planet, is overwhelming.

Experts began raising the alarm about global warming in 1979, a change now referred to under the broader term climate change, preferred by scientists to describe the complex shifts now affecting our planet's weather and climate systems. Climate change encompasses not only rising average temperatures but also extreme weather events, shifting wildlife populations and habitats, rising seas, and a range of other impacts.

Over 200 countries—193 countries plus the 27 members of the European Union—have signed the Paris Climate Agreement, a treaty created in 2015 to fight climate change on a global scale. The Intergovernmental Panel on Climate Change (IPCC), which synthesizes the scientific consensus on the issue, has set a goal of keeping warming under 2°C (3.6°F) and pursuing an even lower warming cap of 1.5 °C (2.7° F).

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Who Owns Our Trash—And Why Does It Matter?



Who owns our trash? It's a heated question being asked by waste pickers around the world who are uniting to fight for their survival. What we throw away, they insist, should be available to all.

Globally, up to 56 million people collect and resell the metal, glass, cardboard, and plastic that the rest of us toss.

The United States Supreme Court in 1988 ruled that household garbage is public property once it's on the curb. That enables police to search trash for criminal evidence, but that protection hasn't always been extended to people who collect recyclables.

And in places like New York City, which is testing city-owned locked containers to hide trash from rats, waste pickers are being kept from a sustainable income.

These containers are made explicitly inaccessible," says Ryan Castalia, executive director of Sure We Can, a nonprofit recycling and community center in Brooklyn. "There's value in the waste, and we feel that value should belong to the people, not the city or the corporations."

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SASH Staff Activities

Topic: Manipal University Advance Critical Care Course

**Presenters: Dr. Melita Sheilini
Mrs. Prima D'souza**

Date: May 13th to 18th 2023

Time: 0830H-1430H

Venue: Abdul Rahman Al Ateeqi Auditorium



Topic: CPR AED Course for Non Medical SASH Staff

Presenters: MDC Clinical Educator

Date: May 22nd, 2023

Time: 0900H-1300H

Venue: Abdul Rahman Al Ateeqi Auditorium



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